

1- Write the English meaning of each word

معنی انگلیسی کلمات زیر را بنویسید

2
نمره

- A) society
 B) emotional
 C) despite
 D) vary

2- Fill in the blanks with the given words.

جاهای خالی را با کلمات داده شده پر کنید.

4
نمره

imagined -laughter -habits -couch potato –balanced
 harmful -region -percent -varies -hang out

- 1) Tehran is a populated
 2) In order to be healthy, you should have a diet.
 3) The quality of the student's work
 4) You need to change your eating
 5) I'm certain that he agrees with us a hundred
 6) Stop being a/an Go out and do some activities.
 7) I can hear the sound of their in the next room.
 8) Everyone knows that smoking is

3- True or False (put)

صحيح و غلط (با علامت و مشخص کنید)

2
نمره

- a) All languages are valuable despite their differences.
 b) Eating healthy food increases the risk of heart attack.
 c) "Physical" means relating to the mind.
 d) When a language has no speakers, it dies out.

4
نمره

4- answer the questions completely

به سوالات زیر پاسخ کامل دهید

- a) How many books did you read in summer ?
- b) How much milk do you drink each day?
- c) How many pencils do you have in your bag?
- d) How much money do you save each month?

4
نمره

5- Read the paragraph and answer the questions.

متن زیر را بخوانید و به سوالات پاسخ دهید.

Healthy food is good for you. You need it for shiny hair and strong bones .You need it so you can grow tall and feel good .The best part about healthy food is that it is tasty! You can find grains in bread and rice. You should eat four servings of grains every day. Milk, cheese, and yogurt are also important .These will give you strong bones. Meat, beans, fish and nuts give your body iron and protein. You can also eat an egg or some peanut butter to help keep your body healthy. Fruit and vegetables are good to eat .Eat many kinds each week. Chips and cookies are tasty, but try to eat rarely .When you eat healthy food, your body will thank you! But don't forget to exercise. "A healthy diet" without exercise doesn't have enough influence on you.

-Write a complete answer for each question. به سوالات زیر پاسخ کامل دهید.

- 1. Is a healthy diet without exercising effective?
- 2. How many servings of grain is enough in a day?

-Choose the correct answer. پاسخ صحیح را انتخاب کنید.

- 1. Healthy food will make you
a) sick b) unhealthy c) strong d) tasty

- 2. What kind of vegetables should you eat each week?
a) light vegetable b) green vegetables c) one kind d) many kinds

True or False? صحیح یا غلط?

- 2. There is no need to do exercise. (true - false)
- 1. You should eat cookies instead of grains. (true – false)

نمره کل:

نمره امتحان شنیداری:

جمع کل 16 نمره

